



Eating Disorders in Young People: Moving towards integration

Tuesday 14 October 2014; 9.00am – 4.30pm

 The Northern School of Child and Adolescent Psychotherapy (NSCAP), Bevan House,
34-36 Springwell Road, Leeds LS12 1AW *Limited car parking is available on site

OVERVIEW

This third joint ACAMH Yorkshire - NSCAP conference provides an opportunity to explore one of the most complex and challenging areas of mental health practice. We will consider psychoanalytic perspectives on feeding, eating and the relationship with the body alongside systemic, dietetic and psychiatric approaches. The aim is to have an interactive event where participants both extend their knowledge and understanding of working with young people with eating disorders and their families and share their reflections on clinical practice.

AIMS

This conference aims to bring together many disciplines and experiences from practice with children and young people with eating disorders, to share practice developments and bring together many different perspectives.

SPEAKERS

Sumi Cannon, Child and Adolescent Psychotherapist and Early Years & Parenting Development Lead at NSCAP

Lynda Ellis, Consultant Child and Adolescent Psychotherapist, Psychoanalyst and Clinical Director of NSCAP

Dr Nicky Dawson, Clinical Lead Bradford and Aire Wharf Craven (AWC) Child and Adolescent Eating Disorders Service (CAEDS)

Sarah Cawtherley, Specialist Paediatric Dietitian at the Royal Manchester Children's Hospital

Marie McGovern, Family Therapist, Little Wood House Hall, Leeds Community Healthcare Trust

Geraldine Shipton, Psychoanalyst in Private Practice in Sheffield

Suzanne Blundell, Consultant Child and Adolescent Psychotherapist, In-Patient Psychiatric Unit, Alder Hey Children's Hospital, Liverpool

PROGRAMME

- 09.00 Registration and refreshments
- 09.30 **Welcome and introduction**
Morning Chair, Dr Cassandra McClintock, Joint Chair of ACAMH Yorkshire Branch
- 09.45 **Feeding, eating and early experience** - *Sumi Cannon and Lynda Ellis*
- 10.30 **Experiences of Multi Family Therapy (MFT)** - *Nicky Dawson*
- 11.05 **Dietetic challenges of working with young people with eating disorders"** - *Sarah Cawtherley*
- 11.50 Coffee break
- 12.10 **Approaches to Family Therapy (FT) with inpatients-** *Marie McGovern*
- 13.00 Lunch with book shop and opportunity to post questions, reflections, clinical dilemmas for multi-disciplinary panel discussion at the end of the day
- 13.45 **Welcome back**
Afternoon Chair, Lynda Ellis
- 13.50 **Putting eating disorders into words** - *Geraldine Shipton*
- 14.50 **Anorexic girls and their fathers** - *Suzanne Blundell*
- 15.45 **Multi-disciplinary panel discussion (using clinical material submitted by participants)**
- 16.30 Close



THE ASSOCIATION FOR
CHILD AND ADOLESCENT
MENTAL HEALTH



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To book your place for the event on Tuesday 14 October 2014 please complete and send to ACAMH Conferences, St Saviour's House, 39-41 Union Street, London SE1 1SD
T: +44 (0)20 7403 7458; F: +44 (0)20 7403 7081; E: karyn.ambridge@acamh.org

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(Ref Yorkshire 14/10/14)

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Name:

Contact address:

..... Address Type: Work Home

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Do you have any access or dietary requirements?:

ACAMH Member: £55.00 Non-Member: £75.00

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CLOSING DATE: 12 October 2014 Early application is advised

Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation. Cancellation policy: cancellations received a week in advance of the conference will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organization other than that required by statute

The Association for Child and Adolescent Mental Health
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