

of Child and Adolescent Psychotherapy

Northern School of Child and Adolescent Psychotherapy Bevan House 34-36 Springwell Road Leeds LS12 1AW Tel: 0113 3058750



From M1

- Leave the M1 at Junction 43, joining the M621 and continue towards Leeds City Centre.
- Leave the M621 at junction 3 (signed A653, Holbeck, Leeds (C) (S & W)).
- Follow the exit sliproad system over the motorway, keeping in the left hand lane and at the end of the bus lane just before the set of traffic lights, take the left hand slip road signed Holbeck *.
- Follow road over bridge, and around sharp right corner at junction onto Bridge Road.
- Pass under a bridge and turn first right into Water Lane.
 Turn first left into Springwell Road.
 NSCAP is on the right hand side (see inset).

From M62 Eastbound

- Leave the M621 at junction 3 (signed A653, Holbeck, Leeds (C) (S & W)).
 Follow the exit slip road and take the left hand lane, signed Holbeck.
 Follow directions above "From M1 *\display".

From M62 Westbound

- Leave the M62 at junction 29 to join the M1 towards Leeds.
- Follow directions above "From M1".

Car Parking P

 Parking is available – signed spaces in car park to front and rear, and also metered on street parking.

By Train (

- Leeds is served by trains from London Kings Cross, Manchester, Bradford, Newcastle. Sheffield and York.
- Approx 15 minutes walk from station as follows:
- Exit the station via rear entrance at Wetherspoons pub past the drop off/collection bay, to the right downhill, keeping left at the junction.
 Go straight across the first set of traffic lights, past the Novotel Hotel.
 Straight across the second set of traffic lights onto Whitehall Road.

- After passing under a rail bridge, turn left into Springwell Street at Christians Carpets, then left at the junction onto Springwell Road.
- NSCAP is on the left hand side.

From Central Leeds

- Follow the Train Station signs, until the T-Junction is reached at Whitehall Road, where the station is signed RIGHT, and LEFT to the Motorways.
 Turn LEFT, pass over canal bridge, under railway bridge, then turn left again into Springwell Street, then left onto Springwell Road.

