

“Excellent course – ought to be mandatory for health service managers.”

Child Psychologist



Courses & Training

What is it

Organisational Development Seminars (Series A)

When is it

October 2024 - March 2025

Where is it

Northern School of Child and Adolescent Psychotherapy

Delivered via Zoom/In-Person

What does it cost

Early bird rate: £283

(Apply before 9th September 2024)

Standard rate: £311

(Applications after 13th September 2024)

Exploring Personal and Team Effectiveness at Work

Using the Tavistock Model of Understanding the Dynamics of Work and Organisations

Course outline

As part of NSCAP's commitment to professional and personal development we are pleased to offer a series of seminars focused on the experience of working and leading in organisations. The seminars are an opportunity to develop a deeper understanding of work, organisations, and the individuals and groups within them. The distinctive feature of our approach is the attention given to the 'beneath the surface' emotions and dynamics that impact on individual and organisational functioning. The seminars explore how a self-reflective stance can enable participants to work better in complex situations.

They draw on the internationally recognised Tavistock model of understanding organisations which brings together learning from systems theory, psychodynamics and group relations training.

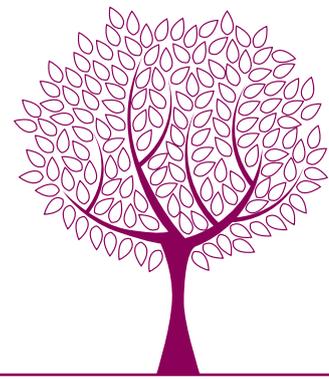
Series A: Exploring Personal and Team Effectiveness at Work takes place from October 2024 to March 2025 with the aim of running **Series B:**

Exploring Authority and Leadership at Work in Spring 2025 as a follow up course. Series A is normally a pre-requisite to attending Series B as the concepts introduced in Series A are used extensively in Series B.

The 2024 series of seminars will continue to be delivered via the videoconferencing platform Zoom.

Continued on the next page...

Series A: Exploring Personal and Team Effectiveness at Work



Learning outcomes

This programme introduces participants to some of the classic papers in the area of consultancy and organisational development and invites them to think about the issues raised in relation to their own experience. It provides an opportunity to develop an understanding of the psychodynamics of work and organisations, and of the ways in which individuals and groups function within them. Time is given to discussing work related issues, including aspects of management, organisational development and/or consultancy, as determined by the programme participants.

Certificates for CPD will be issued.

Who should attend

These seminars are accessible to a broad range of professionals, managers and consultants working across the public, the independent and voluntary sectors. The focus of the seminars is on dynamics that can be observed in all types of organisations and teams.

Applicants are expected to have an interest in psychoanalytic ideas and their application to the understanding of organisational dynamics, with a desire to explore interpersonal process that impact team and organisational performances. The seminars bring together theory and practice that support people to understand the unconscious process operating in work settings. Series A is particularly suitable as an introduction for people who wish to use these ideas to explore the challenges they experience at work.

Cost

Early bird rate: £283 (before 10th September 2024) Standard rate: £311

Programme facilitator

Tabitha Arulampalam is a management consultant supporting organisations and teams to achieve their potential in challenging environments. She is a qualified organisational and occupational psychologist with training and experience in psychodynamic group work and the application of systems theory to groups and organisations. Prior to becoming a management consultant she held various senior posts in the NHS, Local Government and the third sector. This experience has given her insight into different work environments. She uses a reflective approach with individuals and groups to explore relational aspects to behaviour and how ones inner life and outer behaviour influences effectiveness at work.

Dates

2024	2025
11th October	10th January
1st November	7th February
13th December	7th March

Times

Friday mornings 10.00am – 12.00 noon

Venue

The series will be delivered via the videoconferencing platform Zoom

Applying for the course

See following page for an application form, or contact:

Business Operations Team

St Mary's House, Main House, Potternewton, Leeds LS7 3JX

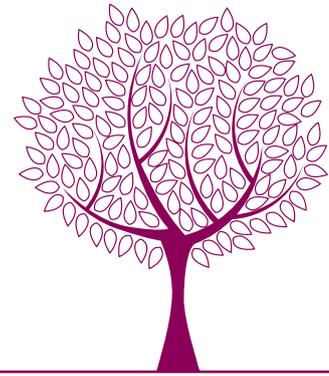
Email: nscap.lypft@nhs.net

Telephone: 0113 855 8750

Application Form

Series A: Exploring Personal and
Team Effectiveness at Work

October 2024 - March 2025



Personal details

Title: Name:

Occupation:

Email address:

Address for correspondence:

Postcode:

Telephone:

Any special requirements:

Work experience and or professional experience

Employing organisation:

Please describe your current
work role and responsibilities:

Why do you want to apply for this course?

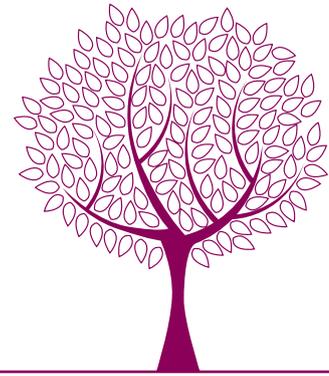
Have you previously completed a Tavistock/NSCAP course? Yes No

If so, please state course:

Application Form

Series A: Exploring Personal and
Team Effectiveness at Work

October 2024 - March 2025



Payment & Invoice details

- I enclose a cheque (made payable to Leeds and York Partnerships NHS Foundation Trust) for £
- Please invoice my organisation for £
- I would like to pay by bank transfer
(payment details to be confirmed in acceptance letter)

NB: Organisation contact details MUST be correct for invoicing,
ie NOT your place of work.

Name:

Job title:

Organisation:

Address:

.....

..... Postcode:

Telephone: (if required)

Purchase order No:

Cancellation charges

All cancellations are subject to an administration charge
of 10% of the course fee.

Cancellations made less than 2 weeks in advance of first
day are subject to 100% charge.

This form should be returned to

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Northern School of Child and Adolescent Psychotherapy
St Mary's House, Main House, Potternewton, Leeds LS7 3JX

Email: nscap.lypft@nhs.net

Telephone: 0113 855 8750

Keeping in Contact

Your personal information will be held on our database
and used to process your application.

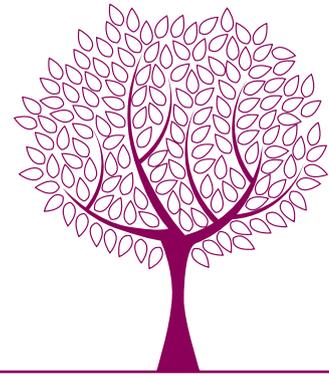
NSCAP would like to keep you informed of other events and activities that we feel
are relevant to you. If you are happy for us to do this, please tick this box.

If you do not want to be contacted about other events and activities,
please tick this box.

Application Form

Series A: Exploring Personal and Team Effectiveness at Work

October 2024 - March 2025



Terms & Conditions

1.0 Payment Methods

- 1.1 Payment must be made in advance of the course start date. You will be invoiced for the course fees once you have submitted an application form.
- 1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, invoicing address and telephone number, and order number if required.
- 1.3 Please contact the Course Administrator on 0113 855 8750 with any queries about payment.
- 1.4 Places cannot be confirmed until receipt of payment.

2.0 Availability

- 2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

3.0 Confirmation of Reservations

- 3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.
- 3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

4.0 Reservation & Cancellation Policy

- 4.1 All cancellations are subject to an administration charge of 10% of the course fee.
- 4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

5.0 Further Information

- 5.1 For further information about all our future events and activities, visit www.nscap.org.uk, email nscap.lypft@nhs.net or call 0113 855 8750.